

Date: _____ Today's Passage: _____

H.E.A.R. Journal Entry

HIGHLIGHT	After reading the passage of Scripture, highlight each verse that speaks to you by copying it under the letter "H." Include the book, chapter and verse(s).

EXPLAIN	At this stage you will explain what the text means. You will ask why it was written and what the author is trying to say to the original audience. Be sure to pay attention to the context (verses before and after) to help you understand the meaning.

APPLY	Now it is time to write down how this passage can apply to your life. How will this passage change the way you think about God? How will it inform your practice as a Christian?

RESPOND	Write down a prayer or an action as a result of what you have just learned. Be specific and carry it out.