

# COMMUNITY GROUP QUESTIONS – February 19, 2017

## “God Finished His Work and Rested”

### Genesis 2:1-3

#### GETTING TO KNOW ME

Do you and your family cease normal activities and chores on Sunday? Why/why not?

#### INTO THE BIBLE

- 1) Read Genesis 2:1-3.
  - Why did God “rest” on the 7th day? What does this mean? What does it teach us?
  - Discuss the fact that God works and then rests. What does this tell us about God?
  
- 2) Read Genesis 2:3.
  - What are the God-defined roles of a husband and of a wife?
  - Discuss the controversy in the culture, and even in the church, over these roles. Why is this?
  
- 3) Discuss what we miss out on when we disobey the Sabbath principle. Discuss how we can help our children honor the Sabbath. Why is it a gift to our kids?
  
- 4) Read from the Westminster Confession – chapter 21, paragraphs 7 & 8 about the Lord’s Day. Use a modern English version: [http://www.epc.org/file/beliefs/westminster/0e425619\\_wcf-modern-2011.pdf](http://www.epc.org/file/beliefs/westminster/0e425619_wcf-modern-2011.pdf)
  - What is this Confession? Who wrote it? Why is it beneficial for us today?
  - What do paragraphs 7 & 8 teach about the Lord’s Day? Discuss.
  
- 5) Read Isaiah 58:13-14. How is the Sabbath presented in these verses? Positive/negative?
  - What is the command and promise for God’s people here?
  - Discuss how the Sabbath is presented as a gift in these verses.
  
- 6) Read Hebrews 4:1-11. How does the writer use Genesis 2 to point to Jesus? What is the Gospel?
  
- 7) Read Exodus 20:8-11. How is the word “day” used here? How does this tie into Genesis 1 and its use of the word “day”? Notice the word is ‘**Remember**’. The Sabbath was not new; it was not merely part of the Mosaic Law; it first shows up in Genesis. It is part of God’s rhythm – He worked six days and rested for one day. He tells us we are to do the same. What are the clear implications for us?
  
- 8) Read Acts 20:7. When did the weekly day of worship change in the Bible? Why?

#### Book Recommendations on the Sabbath:

- Walter Chantry; *Call the Sabbath a Delight*
- Matthew Sleeth; *24/6*
- Bruce Ray; *Celebrating the Sabbath*

## **“Family Focus” Community Group questions - 2/19/17**

### **“God Finished His Work and Rested”**

**Genesis 2:1-3**

#### FAMILY FOCUS

*Parents, we are pleased to include a family-oriented section to the Community Group questions. Our goal is to assist you in taking what you have learned through the sermon and discussed in your group and “bring it home” to your family.*

1. Read Genesis 2:1-3 and Exodus 20:8-11.  
Why does God bless the Sabbath day and call it “holy”?
  
2. Dr. Douglas Stuart, in his commentary on Exodus 20, says about the Sabbath, “It is portrayed rather as a stoppage, good for everyone, for the purpose of refocusing on holiness . . . in order to enjoy God’s blessings of that day . . . the Sabbath, in other words, is designed to help people become spiritually stronger and closer to God.”  
Discuss some practical ways your family can honor the Sabbath.